

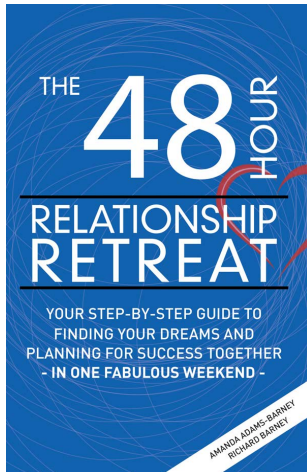
## PRESS RELEASE

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### **“The 48 Hour Relationship Retreat,” Debuts as the #4 Marriage Book on Amazon; Book Guides Couples through their OWN Weekend Retreat (not a weekend of singing Kumbaya and getting all touchy-feely with other couples)**

(Washington, DC) September 30, 2013 –While divorce reasons vary with each couple, several key components are typically missing: communication, connection, and common goals. A new relationship self-help book, *The 48 Hour Relationship Retreat: Your Step-By-Step Guide to Finding Your Dreams and Planning for Success Together in One Fabulous Weekend* addresses these missing elements. Authors Amanda Adams-Barney and Richard Barney share how couples can revitalize a relationship and build a strong foundation by creating common goals and addressing concerns over a fun weekend retreat.

Using nearly 2 decades of marriage experience and drawing on their own 17 years of successful relationship retreats, the authors share their formula for an amazing weekend - peppered with their trademark sarcasm and wit. The result is an entertaining yet helpful resource anyone can use and enjoy (yes – even guys!). *The 48 Hour Relationship Retreat* will help couples take a look at their current relationship, discuss big issues, set common goals, and make concrete plans to reach them. By focusing on 10 key components of a relationship: the Barneys teach couples how to supercharge their relationship and their lives. This guide comes packed with anecdotes, thoughtful questions, a workbook, and THE METHOD to work through it all, and is complemented by a website chock full of additional resources.

For couples looking for a “relationship revolution,” the Barneys have the answer. Their proven system has helped sustain their relationship through two children, creating several businesses, beating cancer, and endless life experiences. Now they are sharing their “secret sauce” with other couples to give them the keys to a happy marriage and family in *The 48 Hour Relationship Retreat: Your Step-By-Step Guide to Finding Your Dreams and Planning for Success Together in One Fabulous Weekend*. Available on Amazon.com in paperback today.

#### **About the Authors:**

Amanda Adams-Barney and Richard Barney created this proven system for relationship success and excellence over the last 17 years by connecting through their own 48 hour retreat every year. Blending Amanda’s professional meeting management background with Richard’s career in business leadership, they applied what they had learned in the business world to their relationship and discovered their approach to a thriving, connected, rewarding relationship. Today they continue to use these same methods in their crazy-busy life including being parents to two children – Joshua (12) and Carli (9), being active members of their

community, and nurturing their friendships.

### **Social Media**

Online: [www.48HourRetreat.com](http://www.48HourRetreat.com)

Facebook: <https://www.facebook.com/48HourRelationshipRetreat>

YouTube: [YouTube.com/48HourRetreat](https://www.youtube.com/48HourRetreat)

Twitter: @48HourRetreat

Pinterest: [pinterest.com/48HourRetreat](https://www.pinterest.com/48HourRetreat)

### **Review Copies & Author Interviews:**

For review copies, author interviews, and speaking engagements please contact Stephanie Trapp, director of media relations, at [strapp@48HourRetreat.com](mailto:strapp@48HourRetreat.com).

### **About the Book**

The 48 Hour Relationship Retreat: Your Step-By-Step Guide to Finding Your Dreams and Planning for Success Together in One Fabulous Weekend

By Amanda Adams-Barney and Richard Barney

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\$19.97, 230 pages, 0.5 x 5.9 x 8.9 inches

*Available on Amazon.com in paperback*

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